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Protection of Subjects: When reporting experiments on human subjects, indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional or regional) or with the Helsinki Declaration of 1975, as revised in 1983. Do not use patients' names, initials, or hospital numbers, especially in illustrative material. When reporting experiments on animals, indicate whether the institution's or the National Research Council's guide for, or any national law on, the care and use of laboratory animals was followed.

Manuscript Submission: Requirements are in accordance with the Uniform Requirements for Manuscripts Submitted to Biomedical Journals (www.icmje.org). All manuscripts should be submitted electronically at www.rapidreview.com.

Submission Type: Submissions are accepted in the following categories:

- **Brief Reports.** Manuscripts should follow format for feature articles; however, references should be limited to 10, figures or tables to 2 total (ie, 2 images, 2 tables, or 1 of each), and text to 1000 words.
- **Case Reports.** Figures should be limited to a total of 4 images and references to 20 or less. No abstract or tables should be included.
- **Feature Articles.** Original research or retrospective studies. Manuscripts should be organized as follows: title page; abstract; introduction; materials and methods; results; discussion; conclusion; references; tables; figures; figure legends; acknowledgments.
- **Guest Editorial.** Submissions on timely issues relevant to orthopedic surgeons are welcomed. Manuscripts should be limited to 1500 words or less.
- **Letters to the Editor.** Readers are invited to comment on articles that have appeared in the journal or share their thoughts on orthopedic topics.
- **Review Articles.** Comprehensive discussion and literature review of a single topic of general interest. Will be evaluated as a CME offering.
- **Sports Medicine Update.** Manuscripts for this bi-monthly column should focus on an aspect of sports medicine. Manuscripts should follow format for Brief Reports with the abstract omitted. A case history may be included.
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- **Tips & Techniques.** This monthly column features a useful tip or technique. Text should be 1500 words or less, with a minimal number of references. Pages must be numbered. Images should be limited to 20; 4-

color images are preferred. Authors should also disclose whether they have any financial interest in the technique.

Title Page: The title page should include the following: title of manuscript; author(s); institution of origin with city and state; acknowledgment of grant support; address to be used for reprint requests. An abbreviated title, to be used as a running head, should be included. Please include phone number, FAX number, and e-mail address of corresponding author.

Abstract: The abstract, not to exceed 100 words, should summarize the significant information in the paper and be understandable without reference to the text. The use of abbreviations and references should be avoided. Case reports do not require abstracts.

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References: References should be double-spaced and cited consecutively in the text with superscript numbers outside punctuation. A reference to a paper "submitted for publication" "unpublished data," and "personal communication" should be given in parentheses in the text. At the end of each article, references should be listed in the numerical order in which they appear in the text. If a citation has more than six authors, only the first three authors should be listed, followed by et al. Abbreviations of the names of the journals should conform to Index Medicus. Journal titles should be cited as they existed at the time of publication. Unlisted journals should not be abbreviated. The authors are responsible for the accuracy of the reference list. References should follow the *American Medical Association Manual of Style*, 9th ed.

Abbreviations and Nomenclature: Abbreviations should be kept to a minimum, preferably confined to the tables. Symbols for units of measurement (eg, mm, mL) should not be followed by periods. Chemical or generic names of drugs are preferred. A proprietary name may be given only after it is preceded by the chemical name the first time it appears. Device manufacturers and their location should appear in parentheses following mention of a device. Unfamiliar terms and abbreviations should be defined when first used.

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